



Anti-Racist Community Engagement
Digital Companion

<https://compact.org/anti-racist-ce>

Communal Place, Communal Learning: An Approach to Student-Centered
Community Engagement

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Check-In Questions for Students

[Questions are available on the next page.]



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Check-In Questions

Each class meeting and after-school session begins with a pre-planned check-in question to gauge everyone's mood when they enter the space. Below are a few examples:

1. Please share your preferred name for our class/engagement sessions.
2. How did you identify your major? What are your major/career interests?
3. Where do you consider home?
4. What song/music genre describes your mood?
5. Rose, Thorn, Bud: Have everyone go around and share their rose (something that they are thankful for right now), a thorn (an issue they're dealing with), and a bud (something they're currently looking forward to).¹
6. Emoji check-in 🤔: A simple around-the-table team check-in but this time instead of one word, pick an emoji that best describes how you are feeling right now.
7. What is something you came across recently that gave you hope or inspiration?
8. How are you feeling about the first week of classes? What are you looking forward to? What are you nervous about?
9. Values/interest: Everyone goes around and says one value and one interest they have.
10. Use weather patterns to express mood (sunny for happy, cloudy for okay, rainy for sad).

¹ Modeled after the “Mindful Schools” activity:
<https://www.mindfulschools.org/inspiration/mindful-reflection/>